

## Garrison Drugs

### Pain Management

- **Tylenol** (Acetaminophen): 1000mg PO q6hrs prn
- **Mobic** (Meloxicam): 15mg PO daily prn
- **Motrin** (Ibuprofen): 800mg PO q8hr prn
- **Toradol** (Ketorolac): 30mg IM q6hr prn

### Nausea/Vomiting

- **Tums** (Calcium Carbonate): 2-4 500mg tablets.
  - Max: 15 tablets in 24 hours
- **Zofran** (Ondansetron): 4-8mg PO/IV/IM q6r prn
- **Phenergan** (Promethazine): 25mg IV/IM/PO q6hr prn

### Diarrhea

- **Imodium** (Loperamide): 2 capsules (4mg) first dose.
  - Then 1 capsule (2mg) after every unformed stool
  - Not to exceed 8 capsules (16mg) in 24 hours
- **Pepto-Bismol** (Bismuth Subsalicylate)
  - 2 tablets or 2 tablespoons q30 min prn. Maximum 8 doses in 24 hours.

## Garrison Drugs

### Constipation

- **Dulcolax** (Bisacodyl): 10mg PO tid prn

### Allergies/Cold

#### Antihistamines:

- **Benadryl** (Diphenhydramine): 25-50mg IM/IV/PO q6hrs.
  - Max dose: 400mg/day
- **Zyrtec** (Ceterizine): 5-10mg PO qd
- **Claritin** (Loratidine): 10mg PO qd
- **Allegra** (Fexofenadine): 180mg PO qd

#### Decongestants:

- **Sudafed** (Pseudoephedrine): 30-60mg q4-6hr PO
- **Afrin** (Oxymetazoline): Nasal spray 2 squirts per nostril bid
  - Max 3 days

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